

TOPSPIN VOLLEYBALL – ILLNESS POLICY

In this policy, “Participant” includes an individual participating in the Topspin Volleyball league.

1. Inform a Topspin Organizer immediately if, you feel any symptoms of COVID-19 such as fever, chills, cough, shortness of breath, sore throat and painful swallowing, stuffy or runny nose, loss of sense of smell, headache, muscle aches, fatigue and loss of appetite.

2. Assessment

a. All Participants must review the self-assessment signage located on the Topspin Volleyball website or at the registration/league schedule table prior to participating in the volleyball league to attest that they are not feeling any of the COVID 19 symptoms.

b. Topspin Organizers may visually monitor Participants to assess any early warning signs as to the status of a Participant’s health and may touch base with the Participant regarding his/her/their personal safety throughout the night of league play.

c. If the Participant is unsure please have them use the self-assessment tool <https://bc.thrive.health/covid19/en> or through the COVID-19 BC Support App self-assessment tool.

3. If a Participant is feeling sick with COVID-19 symptoms

a. They should remain at home and contact Health Link BC at 8-1-1.

b. If they feel sick and /or are showing symptoms while participating in the league, they should be sent home immediately and have them contact 8-1-1 or a doctor for further guidance.

c. No Participant may participate in the league (in any manner) if they are symptomatic.

4. If a Participant tests positive for COVID-19

a. The Participant will not be permitted to return to the league until they are free of the COVID-19 virus.

b. Any Participant who has played closely with the infected Participant will also be removed from the league for at least 14 days to ensure the infection does not spread further.

c. Close off, clean and disinfect the affected area(s) immediately and any surfaces that could have potentially been infected/touched.

5. If a Participant has been tested and is waiting for the results of a COVID-19 Test

a. As with the confirmed case, the Participant must be removed from the league.

b. The Public Health Agency of Canada advises that any person who has even mild symptoms to stay home and call the public health authority of B.C.

c. Other Participants who may have been exposed will be informed and removed from the league for at least 14 days or until the diagnosis of COVID-19 is ruled out by health authorities.

d. Topspin Organizers will close off, clean, and disinfect the affected area(s) immediately and any surfaces that could have potentially been infected/touched.

6. If a Participant has come in to contact with someone who is confirmed to have COVID-19

- a. Participants must advise a Topspin Organizer if they reasonably believe they have been exposed to COVID-19.
- b. Once the contact is confirmed, the Participant will be removed from the league for at least 14 days or as otherwise directed by public health authorities. Participants who may have come into close contact with the infected Participant will also be removed from the league for at least 14 days.
- c. Topspin Organizers will close off, clean, and disinfect the affected area(s) immediately and any surfaces that could have potentially been infected/touched.

7. Quarantine or Self-Isolation

- a. Any Participant who has travelled outside of Canada or BC within the last 14 days is not permitted to participate in the league and must quarantine and self-isolate.
- b. Any Participant with any symptoms of COVID-19 is not permitted to participate in the league and must quarantine and self-isolate.
- c. Any Participant from a household with someone showing symptoms of COVID-19 is not permitted to participate in the league and must quarantine and self-isolate.
- d. Any Participant who is in quarantine or self-isolating as a result of contact with an infected person or in families who are self-isolating, is not permitted to participate in the league.