

## TOPSPIN VOLLEYBALL

### UPDATED COVID-19 OUTDOOR VOLLEYBALL POLICIES & GUIDELINES

Every player participating in our 2021 Outdoor Volleyball League must adhere to the following policies and guidelines. Any player not following our policies and guidelines will be asked to leave the league. Topspin has created these policies and guidelines to ensure the health and safety of all our players and to comply with Provincial health orders, regulations, and requirements.

We want our players to have fun and feel safe while playing in our league.

#### THE RULES:

- Every player participating in our leagues will be required to review and sign the Topspin Volleyball Participant Agreement. Name and phone number is required.
- A player is not permitted to participate in the league if the player is experiencing any COVID-19 symptoms such as coughing, fever, sneezing, body aches, or headache, or if the player has travelled outside of Canada in the past fourteen (14) days.
- Sanitize your hands by washing with soap or using hand sanitizer before playing in the league.
- Do not touch your eyes, nose, or mouth. Sneeze and/or cough into your elbow and not in to your hands.
- Maintain the minimum distance of two (2) meters/six (6) feet from other players when arriving to and leaving the field.
- Maximum number of players per team is 4. To ensure compliance with the limit on public gatherings, no additional players or subs are permitted to participate on a registered team that has reached the maximum number of players on any given league night. For example, a registered team cannot have 5, 6, or 7 players attending and participating/rotating in on the team at any time during the league. Friends or family members who are not registered on a team for the Topspin Volleyball summer league are not permitted to watch you play within the league playing area. Non-registered spectators will be asked to leave the league playing area.
- If a player is not able to play on your team for a given night and you want to bring a sub, the team captain MUST notify a Topspin Organizer when arriving at the field and prior to playing. The sub will be required to sign the Participant Agreement and must review these rules of Outdoor Volleyball league play.
- You will be required to bring your own water bottle. Water will not be provided by Topspin Volleyball for this session.
- Do not shake hands or hi-5 with other players. Shaking hands or hi-5s with your own team members will be at your own discretion. At the end of a match, simply say “good game”.
- When switching sides, move in a counter-clockwise direction towards the outside of the court.

- If a ball enters your court, gently kick the ball back to the correct court.
- Only 1 player at a time permitted at the schedule table.
- 1 player from the winning team will report the scores to a Topspin Organizer.
- Do not adjust any of the volleyball nets. If net adjustments are required, contact a Topspin Organizer.
- Do not take the volleyball nets down at the end of the night.
- The above rules are in addition to Topspin Volleyball's standard outdoor rules.

If you have any questions or would like clarification regarding the above rules, please contact us.